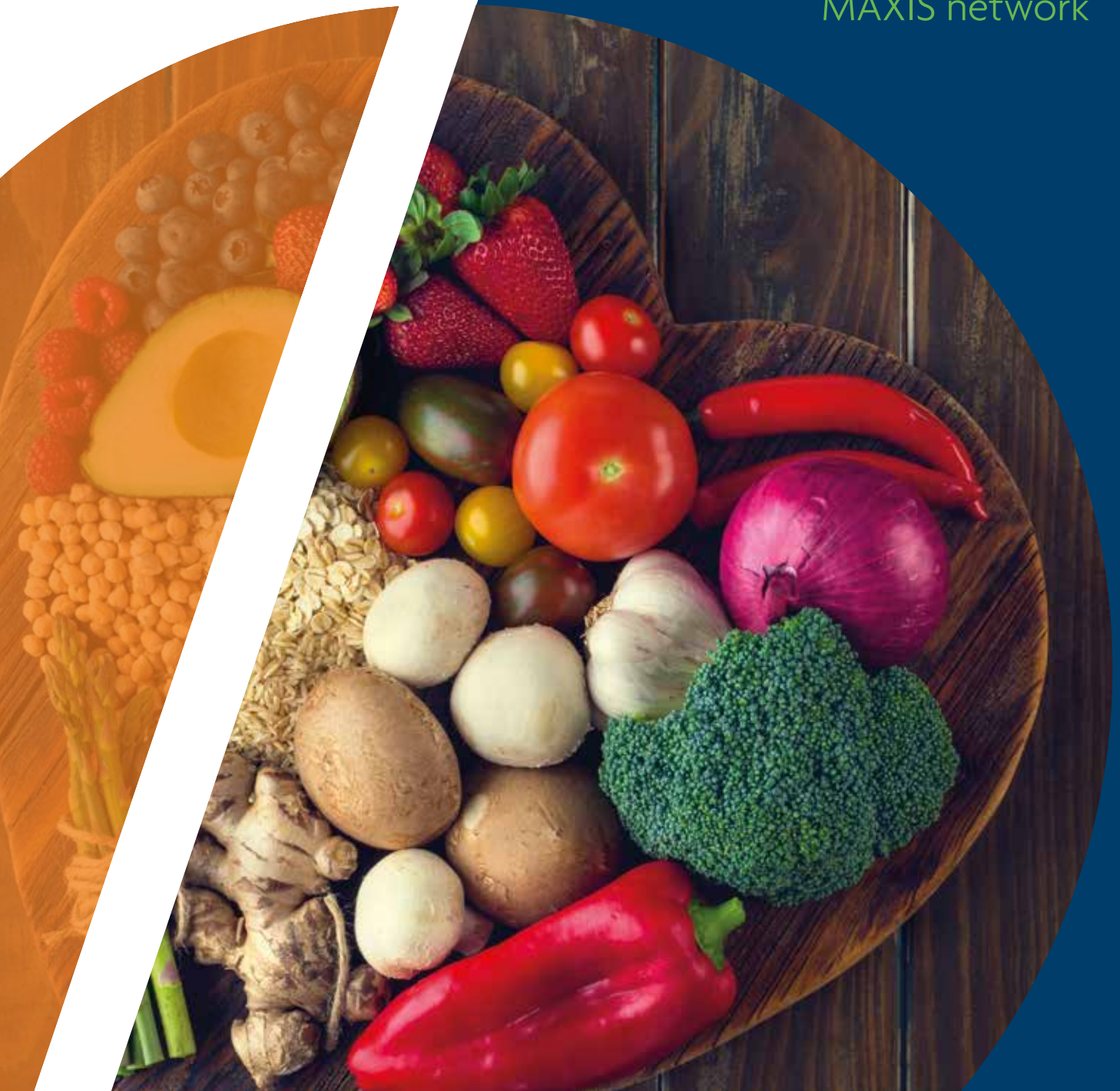




● **MetLife** and **AXA** in partnership

2019 GLOBAL HEALTH AND WELLNESS CAPABILITIES

offered by the
MAXIS network



We offer solutions that help you improve employee health and reap the rewards of a positive, productive workforce

Our research and data-driven approach has made us a leading partner in health and wellness. We offer best-in-class global medical dashboard reports, with year-over-year comparative analysis, and our local member insurers offer a variety of health and wellness initiatives, enabling you to address the health issues affecting your employees whether they are physical or mental or financial.

Our employee wellness toolkits are designed to help you implement behaviour change campaigns in your organisation and our thought leadership provides a deeper perspective on health issues in the workplace.





A tailored approach to meet your specific needs and help implement practical health and wellness programmes

Working alongside our dedicated global team, our locally based member insurers offer employee benefits initiatives to meet the specific needs of your local subsidiaries. We work with your local human resource teams to consider and drive practical health and wellness programmes, targeting specific health issues and cost drivers.

We understand the importance the health of your employees – and their dependents – can have on your business and its overall success. To help keep your employees happy, healthy and productive, we are expanding our health and wellness programmes across the globe. We address the full spectrum of healthcare needs through one or more of our four pillars of wellness:

- **Pillar one: education and awareness**

Communication tools designed to increase health literacy and knowledge, so employees can assess, adopt or change behaviours.

- **Pillar two: prevention and screening**

Providing an understanding of the risk involved in developing certain diseases or conditions and receiving early preventive interventions.

- **Pillar three: behaviour change**

Encouraging lifestyle and behaviour changes that have a direct impact on health, including eating more healthy, exercising, managing stress and sleeping better.

- **Pillar four: targeted intervention**

Helping to minimise the negative impacts of certain acute/chronic conditions and prevent further complications.



Pillar one: education and awareness

Communication tools designed to increase health literacy and knowledge, so employees can assess, adopt or change behaviours.

Country	Local insurance company	Wellness newsletters / postcards / fliers / Information packets	Text messages wellness campaigns	Video campaigns	Wellness webinars/ talks	Health Risk Assessment (HRA)	Onsite health fairs / organized "health days"
Algeria	AXA Assurances Algérie Vie SPA	✘	✘				
Australia	MetLife Australia	✓		✓	✓		
Austria	UNIQA Austria	✓		✓		✘	✘
Bahrain	MetLife Bahrain	✓			✓	✘	✓
Bahrain	AXA Gulf	✓	✓		●	✘	✘
Bangladesh	MetLife Bangladesh	✓					
Belgium	AXA Belgium				✘		
Canada	Desjardins Financial Security Life				●	✓	✘
Chile	MetLife Chile						●
China	ICBC-AXA Life	✓					✘
Colombia	PALIG Colombia	✓			✘	✘	✘
Costa Rica	PALIG Costa Rica	✓			✘	✘	✘
Croatia	UNIQA Croatia	✘		✓	✘	✘	
Denmark	Topdanmark	✓		✓	✓	✓	✓
Ecuador	PALIG Ecuador	✓			✘	✘	✘
Egypt	MetLife Egypt	✓			✓		✓
El Salvador	PALIG El Salvador	✓			✘	✘	✘
France	AXA France	✘				✘	✘
Greece	MetLife Greece	✘	✘	✘			✘
Guatemala	PALIG Guatemala	✓			✘	✘	✘
Honduras	PALIG Honduras	✓			✘	✘	✘
Hong Kong	AXA Hong Kong	✓				✓	✓
Indonesia	Astra Life	✓	✓		✓		●
Italy	AXA Assicurazioni	●					●
Jamaica	Sagicor Life Jamaica Limited	✓					✓
Japan	AXA Japan						
Japan	MetLife Japan						
Kuwait	MetLife Kuwait	✓			✓	✘	✓
Lebanon	AXA Gulf Lebanon	✘			✘	✘	
Lebanon	MetLife Lebanon						✘
Liechtenstein	AXA Winterthur (via AXA Winterthur Switzerland)	✓			✓	✘	✘
Malaysia	AmMetLife	✓			✓		✓
Malaysia	AXA GI Malaysia				✓		✓
Mexico	AXA Seguros, S.A. de C.V	✘			✘	✘	✘
Mexico	MetLife Mexico	✓				✘	✘
Netherlands	Achmea	✓			✓	✘	
New Zealand	AMP New Zealand						
Nicaragua	Seguros America (PALIG)	✓			✘	✘	✘
Oman	MetLife Oman	✓			✓	✘	✓
Oman	AXA Gulf	✓	✓		●	✘	✘
Pakistan	IGI Life	✓			✓	✘	✓
Panama	PALIG Panama	✓			✘	✘	✘
Qatar	MetLife Qatar	✓			✓	✘	✓
Qatar	AXA Gulf	✓	✓		●	✘	✘
Reunion	AXA France Réunion	✘				✘	✘
Romania	MetLife Romania						
Russia	MetLife Russia	✓				✘	✘
Russia	Reso Garantia	✓	✓		●	✓	✓
Saudi Arabia	MetLife Saudi Arabia	✓	✓		✓		✓
Singapore	Tokio Marine Life Singapore	✓		✓	✓	✓	✓
Switzerland	AXA Winterthur	✓			✓	✘	✘
Taiwan	Nan Shan Life	✓			✓		
Thailand	Tokio Marine Life Thailand	✘		✘	✘		✘
Turkey	AXA Hayat ve Emeklilik & AXA Sigorta						
United Arab Emirates	MetLife United Arab Emirates	✓			✓	✘	✓
United Arab Emirates	AXA Gulf	✓	✓		●	✘	✘
United Kingdom	MetLife United Kingdom	✘			✘	✘	
Uruguay	MetLife Uruguay	✓		✓			
Vietnam	Bao Viet	✘			✘		

Key: ✓ = offered free of cost ✘ = offered for an additional fee ● = various pricing options offered (free to additional cost)

Pillar two: prevention and screening

Providing an understanding the risk of developing certain diseases or conditions and receiving early preventive interventions.

Country	Local insurance company	Biometric screening (i.e. height, weight, blood pressure, cholesterol)	Cancer screening	Dental health screening	Flu shot campaign	Preventive health checks	Mental health screening	Other preventive care/screenings
Algeria	AXA Assurances Algérie Vie SPA	❌	❌					
Australia	MetLife Australia							
Austria	UNIQA Austria	❌		❌		❌	❌	
Bahrain	AXA Gulf	❌	❌		❌	●		
Bahrain	MetLife Bahrain	✔️	✔️	✔️	●	✔️		✔️ - Onsite optical checkups ● - Onsite "advanced medical tests"
Bangladesh	MetLife Bangladesh	✔️						
Belgium	AXA Belgium							
Canada	Desjardins Financial Security Life	❌			❌	❌	❌	❌ - Pharmacogenetic tests ✔️ - Sleep disorder prevention programme
Chile	MetLife Chile	✔️		✔️	❌	✔️		
China	ICBC-AXA Life				❌			
Colombia	PALIG Colombia	❌	❌			❌		
Costa Rica	PALIG Costa Rica	❌	❌			❌		
Croatia	UNIQA Croatia							
Denmark	Topdanmark	●				●	●	✔️ - Online digital health screenings
Ecuador	PALIG Ecuador	❌	❌			❌		
Egypt	MetLife Egypt	✔️	✔️	❌	❌			✔️ - Free Vision Checks and discounts on optical frames
El Salvador	PALIG El Salvador	❌	❌			❌		
France	AXA France							
Greece	MetLife Greece	❌	❌			❌		
Guatemala	PALIG Guatemala	❌	❌			❌		
Honduras	PALIG Honduras	❌	❌			❌		
Hong Kong	AXA Hong Kong	✔️			❌	✔️		
Indonesia	Astra Life	✔️			❌	❌		
Italy	AXA Assicurazioni	●						
Jamaica	Sagicor Life Jamaica Limited	✔️				✔️		❌ - ECG Tests and Hearing Tests
Japan	AXA Japan							
Japan	MetLife Japan							
Kuwait	MetLife Kuwait	✔️	✔️	✔️	●	✔️		✔️ - Onsite optical checkups ● - Onsite "advanced medical tests"
Lebanon	AXA Gulf Lebanon	❌	❌		❌	❌		
Lebanon	MetLife Lebanon	❌			❌			
Liechtenstein	AXA Winterthur (via AXA Winterthur Switzerland)	❌			❌	❌	❌	❌ - Analysis and action plan for occupational health management and absence management
Malaysia	AmMetLife	✔️						
Malaysia	AXA GI Malaysia	✔️			❌			
Mexico	AXA Seguros, S.A. de C.V	❌				❌		
Mexico	MetLife Mexico	❌				❌		
Netherlands	Achmea	✔️	❌		❌	✔️		
New Zealand	AMP New Zealand							● - Workplace defibrillators
Nicaragua	Seguros America (PALIG)	❌	❌			❌		
Oman	AXA Gulf	❌	❌		❌	●		
Oman	MetLife Oman	✔️	✔️	✔️	●	✔️		✔️ - Onsite optical checkups ● - Onsite "advanced medical tests"
Pakistan	IGI Life				❌			
Panama	PALIG Panama	❌	❌			❌		
Qatar	AXA Gulf	❌	❌		❌	●		
Qatar	MetLife Qatar	✔️	✔️	✔️	●	✔️		✔️ - Onsite optical checkups ● - Onsite "advanced medical tests"
Reunion	AXA France Réunion							
Romania	MetLife Romania							
Russia	MetLife Russia	❌	❌		❌	❌	❌	
Russia	Reso Garantia	❌	●		❌	❌		
Saudi Arabia	MetLife Saudi Arabia	✔️		✔️	✔️	✔️		
Singapore	Tokio Marine Life Singapore	✔️	❌	❌	❌	✔️	❌	
Switzerland	AXA Winterthur	❌			❌	❌	❌	❌ - Employee health surveys and analysis of absence management and systematic occupational health management incl. action plans
Taiwan	Nan Shan Life							
Thailand	Tokio Marine Life Thailand				❌			
Turkey	AXA Hayat ve Emeklilik & AXA Sigorta	✔️						
United Arab Emirates	AXA Gulf	❌	❌		❌	●		
United Arab Emirates	MetLife United Arab Emirates	✔️	✔️	✔️	●	✔️		✔️ - Onsite optical checkups ● - Onsite "advanced medical tests"
United Kingdom	MetLife United Kingdom							
Uruguay	MetLife Uruguay							
Vietnam	Bao Viet							❌ - Concierge service for screenings

Pillar three: behaviour change programmes

Encouraging lifestyle and behaviour changes that have a direct impact on health, including eating more healthy, exercising, managing stress and sleeping better.

Country	Local insurance company	Online wellness engagement platform	Coaching programme (1:1 coaching or group coaching)	Nutrition programme	Physical activity programme	Ergonomics training	Telemedicine service
Algeria	AXA Assurances Algérie Vie SPA						
Australia	MetLife Australia	✓					
Austria	UNIQA Austria	✓					
Bahrain	AXA Gulf	✘	✘				✘
Bahrain	MetLife Bahrain	✓				✓	✘
Bangladesh	MetLife Bangladesh					✓	
Belgium	AXA Belgium		✘			✘	
Canada	Desjardins Financial Security Life	✘	✘			✘	✘
Chile	MetLife Chile			✘	✘		✘
China	ICBC-AXA Life						
Colombia	PALIG Colombia	●		✘			
Costa Rica	PALIG Costa Rica	●		✘			
Croatia	UNIQA Croatia				✘		✘
Denmark	Topdanmark	✓	✘	✓	✘	✓	
Ecuador	PALIG Ecuador	●		✘			
Egypt	MetLife Egypt						
El Salvador	PALIG El Salvador	●		✘			
France	AXA France	✘	✘	✘	✘		✘
Greece	MetLife Greece		✘	✘	✘	✘	
Guatemala	PALIG Guatemala	●		✘			
Honduras	PALIG Honduras	●		✘			
Hong Kong	AXA Hong Kong			✓	✓		
Indonesia	Astra Life		✘	✘	●	✓	
Italy	AXA Assicurazioni						✘
Jamaica	Sagicor Life Jamaica Limited	✓					
Japan	AXA Japan			●			
Japan	MetLife Japan						
Kuwait	MetLife Kuwait	✓				✓	✘
Lebanon	AXA Gulf Lebanon						✘
Lebanon	MetLife Lebanon						✘
Liechtenstein	AXA Winterthur (via AXA Winterthur Switzerland)	✘		✘	✘	✘	
Malaysia	AmMetLife						
Malaysia	AXA GI Malaysia	✓			✓		✓
Mexico	AXA Seguros, S.A. de C.V	✘	✘	✘			
Mexico	MetLife Mexico	✘					
Netherlands	Achmea	✘	✘	✘	✘	✘	✘
New Zealand	AMP New Zealand	✓					
Nicaragua	Seguros America (PALIG)	●		✘			
Oman	AXA Gulf	✘	✘				✘
Oman	MetLife Oman	✓				✓	✘
Pakistan	IGI Life				✓		
Panama	PALIG Panama	●		✘			
Qatar	AXA Gulf	✘	✘				✘
Qatar	MetLife Qatar	✓				✓	✘
Reunion	AXA France Réunion	✘	✘	✘	✘		✘
Romania	MetLife Romania						✘
Russia	Reso Garantia		✘	✘	✘		✘
Russia	MetLife Russia		✘				✘
Saudi Arabia	MetLife Saudi Arabia			✓		✓	
Singapore	Tokio Marine Life Singapore	✘	✘	✘	✓	✓	✘
Switzerland	AXA Winterthur	✘		✘	✘	✘	
Taiwan	Nan Shan Life						
Thailand	Tokio Marine Life Thailand			✘			
Turkey	AXA Hayat ve Emeklilik & AXA Sigorta	✓					
United Arab Emirates	AXA Gulf	✘	✘				✘
United Arab Emirates	MetLife United Arab Emirates	✓				✓	✘
United Kingdom	MetLife United Kingdom	✘	✘				
Uruguay	MetLife Uruguay		✓				
Vietnam	Bao Viet						

Key: ✓ = offered free of cost ✘ = offered for an additional fee ● = various pricing options offered (free to additional cost)

Pillar four: targeted intervention programmes

This pillar focuses on targeting specific individuals who have already been diagnosed with certain acute and chronic diseases. The goal is to help these individuals minimize the negative consequences of their condition and prevent further complications.

Country	Local insurance company	Employee assistance programme (EAP)	Onsite clinics	Maternity assistance	Smoking cessation programme	Other intervention programme offerings
Algeria	AXA Assurances Algérie Vie SPA					
Australia	MetLife Australia					
Austria	UNIQA Austria				☒	
Bahrain	AXA Gulf	☒	☒			☒ - Patient support programme for chronic diseases / Case management
Bahrain	MetLife Bahrain	☒	☒	☒		☒ - Chronic disease management programme
Bangladesh	MetLife Bangladesh					
Belgium	AXA Belgium	☒				☒ - Happy@Work recovery' by AXA Assistance includes psychological support, home delivery of medicine and home support with a nurse
Canada	Desjardins Financial Security Life	☒			☒	☒ - Corporate assistance programme / sleep disorder programme
Chile	MetLife Chile					
China	ICBC-AXA Life					
Colombia	PALIG Colombia		☒			
Costa Rica	PALIG Costa Rica		☒			
Croatia	UNIQA Croatia					
Denmark	Topdanmark	☒	✓		✓	
Ecuador	PALIG Ecuador		☒			
Egypt	MetLife Egypt					
El Salvador	PALIG El Salvador		☒			
France	AXA France	☒		☒	☒	
Greece	MetLife Greece	☒				
Guatemala	PALIG Guatemala		☒			
Honduras	PALIG Honduras		☒			
Hong Kong	AXA Hong Kong					
Indonesia	Astra Life		●			☒ - Diabetes and heart disease management programme
Italy	AXA Assicurazioni					
Jamaica	Sagicor Life Jamaica Limited					
Japan	AXA Japan	✓			☒	
Japan	MetLife Japan	✓				
Kuwait	MetLife Kuwait	☒	☒	☒		☒ - Chronic disease management programme
Lebanon	AXA Gulf Lebanon				☒	
Lebanon	MetLife Lebanon					
Liechtenstein	AXA Winterthur (via AXA Winterthur Switzerland)					
Malaysia	AmMetLife					
Malaysia	AXA GI Malaysia				☒	
Mexico	AXA Seguros, S.A. de C.V					
Mexico	MetLife Mexico					
Netherlands	Achmea	☒	☒	☒	☒	
New Zealand	AMP New Zealand	✓				
Nicaragua	Seguros America (PALIG)		☒			
Oman	AXA Gulf	☒	☒			☒ - Patient support programme for chronic diseases / Case management
Oman	MetLife Oman	☒	☒	☒		☒ - Chronic disease management programme
Pakistan	IGI Life		✓			
Panama	PALIG Panama		☒			
Qatar	AXA Gulf	☒	☒			☒ - Patient support programme for chronic diseases / Case management
Qatar	MetLife Qatar	☒	☒	☒		☒ - Chronic disease management programme
Reunion	AXA France Réunion	☒		☒	☒	
Romania	MetLife Romania					
Russia	MetLife Russia	☒		☒	☒	
Russia	Reso Garantia					
Saudi Arabia	MetLife Saudi Arabia			✓		
Singapore	Tokio Marine Life Singapore	☒	☒	☒	☒	
Switzerland	AXA Winterthur					
Taiwan	Nan Shan Life					
Thailand	Tokio Marine Life Thailand					
Turkey	AXA Hayat ve Emeklilik & AXA Sigorta					
United Arab Emirates	AXA Gulf	☒	☒			☒ - Patient support programme for chronic diseases / Case management
United Arab Emirates	MetLife United Arab Emirates	☒	☒	☒		☒ - Chronic disease management programme
United Kingdom	MetLife United Kingdom	☒				
Uruguay	MetLife Uruguay					
Vietnam	Bao Viet					



● To learn more about how our global health and wellness capabilities can address the health issues affecting your employees, contact your MAXIS representative today or send an enquiry via maxis-gbn.com. We're here to help make your employees healthier and more productive.

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